



Sari Maarit Dimitrow  
**CURRICULUM VITAE** (30.6.2017)

<b>Date and place of birth</b>	01.01.1959, Kotka, Finland
<b>Citizenship</b>	Finnish
<b>Work experience</b>	Leading pharmacist in Karhuvuori community pharmacy (1980-2004) <u>Current position</u> Leading pharmacist, Vantaa 5. (Myyrmäki) community pharmacy (2005-current)
<b>E-mail</b>	<a href="mailto:maarit.dimitrow@helsinki.fi">maarit.dimitrow@helsinki.fi</a> or <a href="mailto:maarit.dimitrow@gmail.com">maarit.dimitrow@gmail.com</a>
<b>Education and degrees</b>	PhD (Social Pharmacy), 2016, University of Helsinki, Finland Academic dissertation: Development and Validation of a Drug-Related Problem Risk Assessment Tool for Use by Practical Nurses Working with Community-Dwelling Aged 2016 (in English, consisting of 4 original publications and related literature review, 155p) MSc (Pharm), Social Pharmacy, 2009, University of Helsinki, Finland Master's Thesis: Use of Potentially Inappropriate Medication among Finnish People Aged 65 or Older – A Research based on the Data Obtained from a Group of Patients, the Social Insurance Institution and University Pharmacy (in Finnish, grade: MCLA) BSc (Pharm), 1980, University of Helsinki, Finland (grade: excellent) Matriculation examination, 1977, Vesivalli Upper Secondary School, Karhula, Finland (general grade: laudatur)
<b>Language skills</b>	English: Fluent (written and oral) Swedish: Good (written and oral) German: Basic skills (written and oral) Finnish: Native
<b>Awards</b>	Härkätie Grant EVO, 2015, 2014, 2012 Finnish Cultural Foundation, 2012
<b>Supervision</b>	<u>Supervision of post-doc researchers (Clinical Pharmacy Group, Division of Pharmacology and Pharmacotherapy, University of Helsinki, Finland)</u> 3 PhD students work in progress (secondary supervisor)  <u>Undergraduate research projects (Clinical Pharmacy Group, Division of Pharmacology and Pharmacotherapy, University of Helsinki, Finland)</u> 3 completed MSc Theses, 2011-present (responsible supervisor (2), secondary supervisor (1)) 1 MSc Thesis, work in progress (secondary supervisor) 2 BSc Theses, 2016-present (responsible supervisor)

**Publications**

1. **Dimitrow M**, Leikola S, Puustinen J, Airaksinen M, Kivelä S-L. Iäkkään lääkehoidon riskien arviointimittari kotihoidon lähi- ja perushoitajille. *Yleislääkäri* 3(6): 23–29, 2016 (in Finnish)
2. **Dimitrow MS**, Leikola SNS, Kivelä S-L, Passi S, Lukkari P, Airaksinen MSA. Feasibility of a practical nurse administered risk assessment tool for drug-related problems in home care. *Scandinavian Journal of Public Health* 43: 761–769, 2015
3. **Dimitrow MS**, Mykkänen SI, Leikola SNS, Kivelä S-L, Lyles A, Airaksinen MSA. Content validation of a tool for assessing risks for drug-related problems to be used by practical nurses caring for home-dwelling clients aged ≥65 years: a Delphi survey. *European Journal of Clinical Pharmacology* 70: 991–1002, 2014
4. **Dimitrow MS**, Leikola SN, Kivelä SL, Airaksinen MSA, Salminen S, Puustinen J. Iäkkäillä vältettävät lääkkeet: katsaus kriteeristöihin. *Duodecim; lääketieteellinen aikakauskirja* 05/2013;129(11):1159–1166, 2013 (in Finnish)
5. Celikkayalar E, **Dimitrow M**, Linden-Lahti C, Tynnismäa L, Airaksinen M. Lääkitysturvallisuus esillä valtakunnallisilla Potilasturvallisuuspäivillä. *Dosis* (29) 2:108–115, 2013 (in Finnish)
6. Aslani P, Guirguis LM, Buabeng KO, Hämeen-Anttila K, Schaafsma E, Laurikainen A, Lucero E, Varunki M, **Dimitrow M**, Leikola S, Venelampi S, Parkkamäki S, Putkonen K, Peura S. Councelling, Concordance, and Communication – *Innovate Education for Pharmacists. 2nd Edition. IPSF/FIP Joint Publication*, 2012
7. **Dimitrow M**, Airaksinen M, Kivelä S-L, Lyles A, Leikola SNS. Comparison of prescribing criteria to evaluate the appropriateness of drug treatment in individuals aged 65 and older: a systematic review. *J Am Geriatr Soc* 59(8):1521–1530, 2011
8. Leikola S, **Dimitrow M**, Lyles A, Pitkälä K, Airaksinen M. Potentially inappropriate medication use among Finnish non-institutionalized people aged ≥65 years: a register-based, cross-sectional, national study. *Drugs Aging* 28 (3): 227–236, 2011
9. **Dimitrow M**, Palojoki S, Sillanpää P. Miten lääkehoidon arviointikäytäntöjen vaikuttavuutta on tutkittu -poimintoja kirjallisuudesta. *Dosis* (23) 1: 45–52, 2007 (in Finnish)

**Attended conferences**

Several national and international conferences during years 2011-2017

**Other academic and professional activities**

Peer reviewer  
 European Journal of Clinical Pharmacology  
 Dosis

Lectures on aging and risk management in geriatric pharmacotherapy during courses: Comprehensive Medication Review and Clinical Pharmacotherapy and Counselling and Pharmacotherapy, Division of Pharmacology and Pharmacotherapy, University of Helsinki (2013-current)

Continuing education lectures on aging and risk management in geriatric pharmacotherapy for pharmacist, nurses and practical nurses (2011-current)

Public lectures about current topics (2009-current)